# Electronic Data Security: Designing Good Data Protection Plans

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# Agenda

- what
- why
- some rules
- concepts
- rule parts
- threats
- audit
- publicity
- questions

## What - 45 CFR 46.101(b)(2)

- "(i) Information obtained is recorded in such a manner that human subjects can be identified, directly or through identifiers linked to the subjects; and (ii) any disclosure of the human subjects' responses outside the research could reasonably place the subjects at risk of criminal or civil liability or be damaging to the subjects' financial standing, employability, or reputation."
- 'favorite color' generally would not fit but might be mixed in with data that does

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## What B - 45 CFR 46.102(f)(2)

• "private information includes information about behavior that occurs in a context in which an individual can reasonably expect that no observation or recording is taking place, and information which has been provided for specific purposes by an individual and which the individual can reasonably expect will not be made public (for example, a medical record). Private information must be individually identifiable (i.e., the identity of the subject is or may readily be ascertained by the investigator or associated with the information) in order for obtaining the information to constitute research involving human subjects."

## **De-Identified Data**

- data that cannot be traced to a person is not an issue under 45 CFR 46 - but may be contractually e.g., "de-identified" data
- but could still need to be considered confidential if organization, racial, or social info still present
   e.g., info that could hurt the reputation of an organization
- what does 'de-identifying' mean?
   specific HIPAA definition
   other meanings can be context specific
   generally: remove or obscure data that could point to an individual

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## **De-Identifing Data: HIPAA**

names

geographic smaller than a state

day & month of dates relating to subject

phone & FAX numbers

email addresses

SSN, license, medical record, health plan, account, certificate, or other unique IDs

vehicle and device identifiers and serial numbers (including license plate)

URLs & IP Addresses

finger & voice prints & identifiable photos

other unique identifying numbers, characteristics or codes

researcher-assigned unique code is OK if mapping key is not present in dataset

http://cphs.berkeley.edu/content/hipaa/hipaa18.htm

## Why - 45 CFR 46.111

- "(7) When appropriate, there are adequate provisions to protect the privacy of subjects and maintain the confidentiality of data"
- "adequate provisions" is not a clear directive
   e.g., congressional testimony after 1983 Beirut bombing
   "the protections were adequate"
- this talk discusses "adequate" in regards to protecting human subject data

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## HIPAA as (an Extreme) Definition

- ♦ HIPAA is the main example of the US Government defining "adequate" when it comes to protecting data
- two parts
   HIPAA privacy rule notice, etc.
   not relevant here
   HIPAA security regs how to protect data
   maybe overkill but worth looking at

## **HIPAA Security Regs**

- process part
  - risk assessment & management, sanction & termination policies, info access management, training, disposal, incident response process, responsibility assignment, ...
- safeguards part physical site and workstation security, ...
- technical safeguards part
   unique user ID, logging, auto logout, encryption, integrity
   verification, transmission security, person
   authentication, ...

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## Why Not Use HIPAA Rules?

- widely felt to be overkill (and, at the same time, underkill) even for health data
- ◆ too many parts do not provide clear guidance
   e.g., when encryption actually must be used

## **General Data Protection Rules**

- ◆ Harvard as an example
- university-level rules to protect "Harvard confidential information" - see www.security.harvard.edu
   additional rules in Harvard Personnel Manual
- what is "Harvard confidential information?"

A/ non-public info about people
FERPA definition (for students): anything that is not directory

B/ non-public Harvard info

information - 'favorite color'?

e.g., unannounced Harvard plans, etc.

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## Harvard Rules for Confidential Info.

- secret password, 8 or more characters -some non alpha, no sharing or token-based, lockout on multiple failed attempts
- all CI transport over networks must be encrypted
- no public display, restricted search for other's data
- good patching procedures, access restricted to need
- ♦ host-based firewall, only needed services
- individual switch ports, logs, encrypted access (other than console)
- ♦ Internet access only if needed
- ◆ CI on computers not at Harvard must be encrypted

# Why Not Use Same Rules?

 pushback from researchers that the general Harvard rules about protecting confidential info are too restrictive

(considering broad definition of confidential info)

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## Berkeley Human Subject Policy

- collect the minimum identity data possible
- de-identify ASAP, create key & destroy original
- only IRB-approved people can access identified data
- store identified data off-line or encrypted
- → IRB-approved data recovery/key plan
- professionally administrated computer

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http://cphs.berkeley.edu/content/datasecurity.htm

# Why Not Use Berkeley Rules?

- pushback from researchers that the Berkeley rules are too restrictive
   e.g., de-identify ASAP
- certainly no 'not invented here' :-)
- what are good basics if you are going to roll your own rule set?

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## **Basic Concepts**

- defense in depth
- against real threats
- provide audit trail

## Defense in Depth

◆ layers of security from inside host to outside world assume a protection layer can fail

#### from inside ....

good account & password policies (more later) responsive patching process & anti-virus updates only access via SSH, SSL, TLS encrypt sensitive data on computer host-based firewall locked room, lock down computer (5 finger blight) assume laptops will get stolen - encrypt all data!

## Defense in Depth, contd.

physical access requires known person (or picture ID) and authorization

log all physical access

if on network - use router/switch access control lists only needed applications get through - in & out!

layers of firewalls/access control lists

limit access to needed sources

#### ... to outside

 but do not make system unworkable the perfect is the enemy of the good (enough) too good may mean user rebellion

## **Issue: Firewalls**

- assume computer is vulnerable
   all are at one time or another
- ◆ so external filters (e.g., firewalls) are required
- ♦ but ...

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# Crustacean Security

- crustacean security is not security
- installing firewalls can install complacency users may assume they are "protected"
- but open to everyone inside the wall
- only real security is host-based
- but firewalls help and are required by some regulations
- firewalls/filters should be put as close to server being protected as possible in addition to perimeter firewalls

# Some Components

- some components of a comprehensive security plan
- ◆ not all are relevant in all cases

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## Some Components, contd.

◆ for all computers with confidential information limit accounts to those with a real need run only required services strong passwords no user password sharing lockout after N failed login attempts log lockouts - can auto reenable if logs actually looked at locking screen savers, no auto login log all access & su/runas

## Some Components, contd.

data server (publishing data)

```
force use of https
redirect if user types http://
host-based firewall to limit access to port 443
plus infrastructure applications like NTP
block all outbound new sessions
(to block 'call home' attacks) - e.g., 'little snitch'
local hardware firewall or router/switch ACL
same filter as above
server managed by IT staff, not individual researcher
```

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## Some Components, contd.

 accessing data on a server & sending data to a server

train users to check for https:, lock & (if Firefox) yellow band

but phishing will work sometimes

prohibit local storage of confidential information unless encrypted disk/volume

## Some Components, contd.

- ◆ laptops & home computers assume machine will be stolen, disk will crash, ... i.e., backup requirement, no "original & only" data on laptop or home computer w/o backup process
- mandate encryption of all data if laptop protects against user saving to non-encrypted area

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## Some Components, contd.

- bulk data transport
   require that all transported data be encrypted
   SSL (secure web) is OK
   also scp, sftp, PGP mail, etc.
- ideally also include digital signature to ensure integrity
- sending to 3rd parties can be a pain with encryption

https server may be easiest way

## **Against Real Threats**

- security people tend to be absolutists
   'if the security is not perfect then it is useless'
- too often that means not finalizing a security plan (e.g., because of user pushback) or in creating a plan that is unworkable
- focus on real threats
  - e.g., encrypting data

laptops get stolen all the time - best to encrypt the whole disk server theft is very rare - maybe encrypt selected data

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## Real vs. Speculative Threats

- just because someone can imagine an attack does not mean that there is anyone using, or is likely to use, that attack
- some examples

use of wireless hotspot/hotel high-speed access

little real threat if using VPN or https & user trained to not accept bad certificates

mob hackers or foreign spies after your data if not general knowledge that you have the data armed assault on data center to steal data

## **Provide Audit Trail**

- a key requirement is to find out what happened after the fact
- to do this you need

all access (including console of standalone workstations & laptops) must be via login

I.e., no autologon

no shared user passwords

login as individual then su/runas if root/admin needed log all logins & su/runas

ideally on another computer

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## Provide Audit Trail, contd.

- ♦ log support personal access to system
- log access to paper records and to video or audio media

on paper if need be - collect & secure regularly

## Getting the Word Out

- develop internal or institutional policy, publish and publicize
  - generally, getting the word out about policies has been a major problem
    - I.e., how do you get everybody that needs to listen to listen?
- IRB may be a path when it comes to human subject data since the IRB interacts with each research project
  - e.g., require all who have access to confidential data take a training class in protecting the data

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## **Some Questions**

- what is responsibility of an IRB when data is to be shared with another institution?
- ◆ should default be to de-identify ASAP?
- ◆ should default be to keep identified data off the net? "computer on the net but the data is not"
- how specific should a security plan be?'IRB has to approve proposal' vs. 'encrypt this and that'
- what is liability of institution if rules not followed?
   e.g., not following written sanction policy